

My personal emergency plan



Prepare this plan together. It includes:

- important information about members of the household and your home,
- instructions to help you respond quickly in an emergency.

I keep both a digital and a printed copy of this form in case my device runs out of battery.



Fill in the plan together with the members of your household.



Share it with your family and friends.

This plan belongs to:

Last name, First name

.....

Adresse

.....

.....

Town/city

.....

Plan completed on

..... / /

Last updated on

..... / /

**LÊTZ
PREPARE!**
STRATÉGIE NATIONALE DE RÉSILIENCE

Download the guide
as well as the **checklist**.
Available in multiple languages
in accessible versions.



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG

1. Household members

..... Adult(s)

..... Child(ren)

Last name, First name	Tel.	Blood group	Social security number	Languages

Physical limitations

Last name, First name	Nature of disability	Everyday support needs (wheelchair, prosthetic limb, etc.)

Medical information

Allergies and intolerances

Last name, First name	Relevant food	Relevant medication

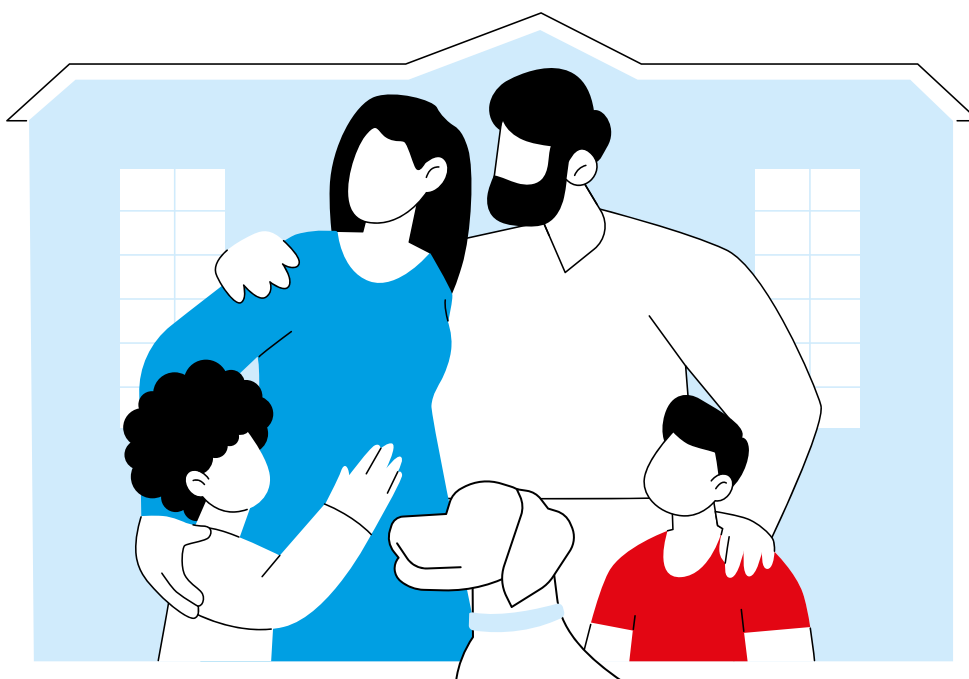
Regular medication

Last name, First name	Name of medication	Dose / method of administration

Notes

Pets

Species	Name	Information (behaviour, disability, illness, treatment)



2. At home

Where can I find

Fire extinguisher

Main water valve

Main gas valve

Electricity meter

Circuit breaker

Boiler/air conditioning

Solar power system

Identity documents

Preparedness kit

Location

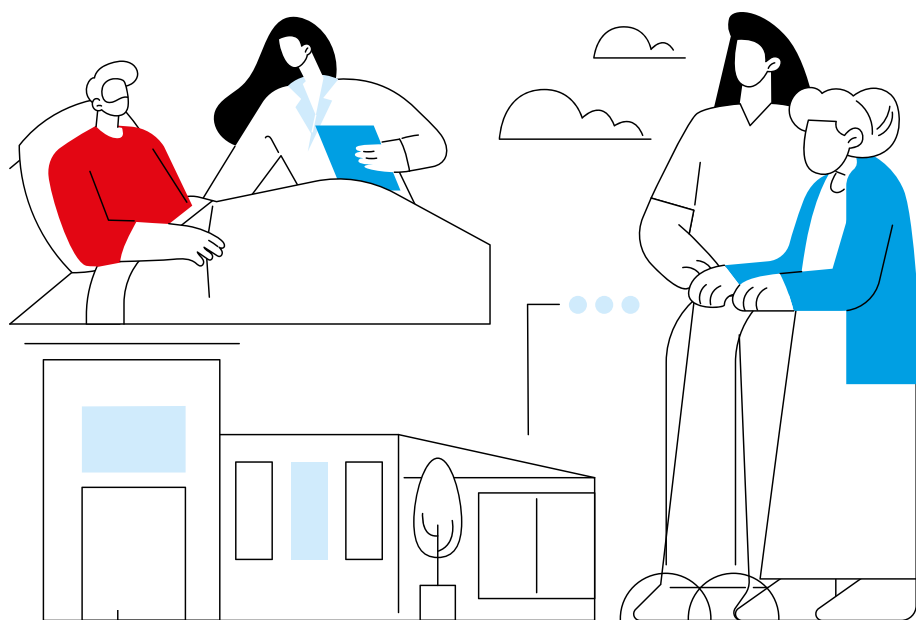
Comments

How can I get out if the main exit is blocked?

How can I open the garage door without electricity?

Is an extra key required?

Other house-specific information



3. The neighbourhood

People who can help

Which people in your circle (neighbours, friends, family, colleagues) could provide help or lend a hand? What equipment and skills do they have?

E.g. knowledge of DIY or first aid, special equipment, a cellar, etc.

Last name, First name	Type of help provided	Tel.	Address

People who may need help

Which people in your circle (neighbours, friends, family, colleagues) might need help in an emergency?

Last name, First name	Type of help needed	Tel.	Address

4. In the event of an emergency

Talk to your neighbours, friends and family before filling in this section, because they will be part of your support network in the event of an emergency.

Identify your **local fire and rescue centre (CIS):**

112.public.lu/fr/organisation/secours.html



Where can we meet if we are separated and can't contact each other (if the house is not accessible):

Location 1

Location 2

How can we let others know about our situation if phones are not working?

Option 1

Option 2

Who can we contact if we can't reach each other?

	Contact 1	Contact 2
Last name, First name		
Tel.		

Personal situation

The children are at school. Who can collect them if we can't do so?

	Contact 1	Contact 2
Last name, First name		
Tel.		

I'm at work – how can I get back home without a car/public transport?

.....

.....

Other personal situations:

.....

.....

Who can we go to in an emergency?

	Location 1	Location 2
Last name, First name		
Tel.		
Address		

5. Important numbers

112

CGDIS
Emergency services

113

POLICE
LËTZEBUERG



Only call the emergency numbers (112 and 113) **in a real emergency.**

Never dial them as a test.

Service providers

	Name/company	Customer N°	Tel.
Telecoms operator			
Electricity			
Gas			
Water			
Insurance			
General practitioner			
Specialist doctor			
School			
Work			
Bank			

Comments

